# What to do with a degree in Rehabilitation Sciences

There's more than one route to get where you want to go. To start, choose a degree—and courses within it—that make you excited about learning. As you gain insight, you can adjust or change direction.

### How will you put your degree to work for you?

- 1. Check your degree list for potential occupation areas (see below)
- 2. Go to the following sections at <a href="http://careers.queensu.ca">http://careers.queensu.ca</a> What to do with a degree in...?
  - Explore your degree-related Interests, Skills, Values & Needs
  - Browse occupations and trends
  - Research and connect with people who do the work
  - View career snapshots to find Queen's grads with your degree or who are working in fields that interest you
  - Follow a great example for a step-by-step guide on how to use your degree to determine direction
  - Find out how to take your next steps

## What is a degree in Rehabilitation Sciences about?

The Rehabilitation Science program educates leaders by developing skills and competencies in rehabilitation; by facilitating problem-solving; self-directed learning and acquisition of attitudes and skills for lifelong learning; by fostering the development of human qualities and attitudes that promote commitment to clients and their communities throughout the world; and by conducting research in the promotion, restoration and maintenance of health through rehabilitation. The Graduate Program in Rehabilitation Science educates students from diverse backgrounds to become leaders in the field of Rehabilitation Science. Students study the promotion, restoration and maintenance of health through research in a wide variety of areas including basic sciences, program development and evaluation, and health policy. Opportunities exist for training in either quantitative or qualitative methodologies or mixed methodologies. Students also develop skills and competencies in problem-solving, self-directed learning and working in collaborative teams. Graduates from the Rehabilitation Science program secure positions in academic programs, clinical facilities, non-profit agencies, government agencies, and funding agencies at local, provincial, national and international levels.

Degrees available: (M/D)

Department website: <a href="http://www.rehab.queensu.ca/">http://www.rehab.queensu.ca/</a>

## What Occupation Areas build on Rehabilitation Sciences?

You can use this list to begin investigating what's out there for you. Remember: a list is only a list; it is not prescriptive or comprehensive, but it's a starting point.

Advocacy - Patient

Architecture

**Art Therapy** 

Audiology

Biomechanics

Chiropody

Chiropractics

**Clinical Chemistry** 

**Community Health** 

Consulting - Management

Counselling - Disability & Career

Cranio-sacro Therapy

Dentistry

Education

**Ethics** 

Family Medicine

Geriatric Medicine

Homeopathy

**Industrial Engineering** 

Mental Health

**Music Therapy** 

Naturopathic Medicine

Neurology

Neurophysiology

**Nursing Specializations** 

Occupational Health and Safety

Occupational Therapy

Orthopedic Medicine

Orthotics

Osteopathology

Palliative & Hospice care

**Pediatrics** 

**Physical Therapy** 

Preventative Medicine

**Prosthetics** 

**Psychiatry** 

**Recreational Therapy** 

Respiratory Therapy

Social Work

Speech and Language Therapy

Sports Medicine

Wellness

## What Associations work around Rehabilitation Sciences?

Associations can be a great source of information in investigating fields that interest you because associations have access to the most accurate and up-to-date information relevant to their field.

- Canadian Physiotherapy Association (<a href="http://www.thesehands.ca/">http://www.thesehands.ca/</a>)
- Canadian Association of Occupational Therapists (<a href="http://www.caot.ca/">http://www.caot.ca/</a>)
- Canadian Society for Exercise Physiology (<a href="http://www.csep.ca/">http://www.csep.ca/</a>)
- Canadian Mental Health Association (http://www.cmha.ca/)
- Canadian Council on Rehabilitation and Work (http://www.ccrw.org/)
- Heart and Stroke Foundation (<u>www.heartandstroke.com</u>)

#### Want to find associations specific to your interests?

Check the Associations Directory in the Career Information Area at Career Services. It features a subject keyword index (that reflects your career interests keywords) and will enable you to access information about what's going on around work you want to do.

Try the same method of using keywords of topics that interest you to do a web search for associations. Example: associations [interest keyword] Canada OR associations [interest keyword] Ontario

See more "how-to" on finding associations at Search and Network, Resources & Tools, in MyCareer MAP

There's more for you at MyCareer MAP <a href="http://careers.gueensu.ca">http://careers.gueensu.ca</a>

