Multiple Mini Interviews

Suggested approaches for medical school interviews

Qualities to demonstrate

To prepare for MMIs (or any medical school interview), think about the qualities medical schools are seeking and come up with short, vivid, real-life stories from your life to illustrate that you possess these qualities. Examples include:

- Communication skills
- Problem solving
- Critical thinking
- Ethical decision-making
- ♦ Knowledge of health-care issues
- Maturity & self-awareness
- ♦ Compassion

Approaching a question

Questions take a variety of forms and are designed to elicit the above information from you. Avoid saying what you *think* they want to hear. Instead, think about working through the following:

- WHAT QUALITY will the question allow you to demonstrate?
- How can you SHOW that you possess this quality?
- What will you DO (actions) once you enter the room?
- What FACTORS did you consider when answering the question?
- What STEPS would you take to solve the problem?
- How can you RELATE this question to your ability to do well as a medical student or physician?

Top Tips for MMIs

Be sure to explain your thinking process. This allows the interviewer to see what you have considered and understand more about how you approach a problem or situation. Try to resist simply leaping to the answer or opinion without explaining how you got there.

Another strategy: in your 2 minutes of thinking outside the room, try to at least come up with some major points that you need to consider in the question. Then, you can communicate those points to the interviewer and it will give both them and you a sort of "road map" to the more detailed information to follow (even if you don't quite know what that will be yet!)

Need more help? Attend one of our medical school interview workshops or talk to current medical students or practice with your friends. You can also make a peer educator mock interview appointment through our website.

